

January 2019
Dr Scheef, Dr Holsworth
Dr Gray, & Dr Marshall
Healthy Choices Unlimited
720-443-2420

Denver
Healthy Choices
Unlimited
5101 E Colfax Ave
Denver Co. 80220
Between Verde &
Nuggs Ice Cream

Eagle County
Edwards Plaza Bldg
Edwards CO 81632
4th floor, above Alpine Bank
across parking lot from Fiesta's

Mesa County
GJ / Palisade
Palisade Family Chiro
311 W 3rd St, Palisade

Montrose
226 S. Nevada Ave
Montrose Co 81401
at True Grin Dental
by Montrose Wellness

Mon	Tue	Wed	Thu	Fri	Sat & Sun
Dec 31	1	2	3	4	
	GJ / Palisade 12pm-6pm Dr Marshall	Montrose 11am-5pm Dr Marshall		Denver 11-5pm Dr Holsworth	6
7	8	9	10	11	12
Edwards 11am-5pm Dr Scheef					13
14	15	16	17	18	19
	GJ / Palisade 9am-5pm Dr Marshall	Montrose 11am-5pm Dr Marshall		Denver 11-5pm Dr Holsworth STUDY 9a-12p	20
21	22	23	24	25	26
	CCC Meeting!		Edwards 11am-5pm Dr Holsworth		Denver 9am-1pm Dr Scheef
28	29	30	31	Feb 1	Feb 2
			Edwards 11am-5pm Dr Gray	Denver 11-5pm Dr Holsworth STUDY 9a-12p	